



Kaza, India

Sanila Math

Program: Global Public Health in the Himalayas - Summer 2019

Major: Anthropology

Earning the Research Experience Badge:



I have worked a little bit in labs before and done other types of scientific research. However, this program was the first in which I was able to combine both my

major, anthropology, as well as my scientific interests.

Anthropology is very field-work heavy, and the type of research we did in India closely resembled field work, in the form of public health surveys and assessments. It gave me a good insight into the

different types of research you could do and how that subsequently impacts the community you are working with and how you can use the data you collected to help solve issues in the future.

Transferable Skills:



The program was very organized, and it was incredibly helpful to know exactly how we would be spending our time each day and what things we would be doing. I appreciate such a detailed itinerary and I hope to be able to mimic that in my own life, especially as I tackle responsibilities such as school, work, and extracurriculars. The work we did also helped me to become more analytical in the questions I ask and the way I approach certain issues and situations. I can be more methodical and logical with how I interpret and envision solutions to problems and significant issues.

“My learning abroad experience has taught me that travel and the immersive nature of culture offers you more personal growth and knowledge than any educational course back home could even hope to provide, whether you are sharing this experience with others or journeying alone.”

