

Kumasi, Ghana & Paris, France



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Program: Global Public Health in Ghana and Paris - Summer 2019

Major: Pharmacy, DPH

Earning the Community Engagement Badge:



Although my study abroad was only a month-long, I gained skills that will help me succeed in my career for decades to come. I became a better listener, which is key for healthcare. I also bettered my problem-solving skills, became less afraid to ask for help, learned to adapt to new situations, and became a

better leader. Everything I learned will benefit me as a future pharmacist because a pharmacist requires these skills in order to be successful. For instance, pharmacists deal with new patients every day. Because I learned to quickly adapt to new situations during my study abroad, I will now be able to deal with new patients in a more effective manner.

Earning the Research Experience Badge:



I was fortunate enough to have research experience in my undergraduate career; however, I never had the opportunity to do field research until this study abroad. Field research is unique in that as the researcher, I also had the opportunity to learn about the Ghanaian culture and Ghanaian communities while I was obtaining my data. I am thankful I had the opportunity to participate in research that has never been done before and contribute more data to the ongoing antibiotic resistance problem. I also am thankful I had the opportunity to work in microbiology. I am considering specializing in infectious disease and I know this experience will

help me better serve my patients and company if I choose this field.

Transferable Skills:



I am applying the skills I learned abroad in school, home, work, and the community. My study abroad experience gave me a different outlook on life. Personally, I am much more humble and appreciative for what I have. I am thankful I have the opportunity to go to school because many people around the world do not get this opportunity. At work, I am more willing to help others and be a team player. Overall, I am thankful for my experience and I truly believe that it has made me a better person.



“It always seems impossible until it’s done.” – Nelson Mandela
Traveling has always been stressful for me, especially traveling somewhere I have never been with people I don’t know. This quote captures how I felt at the beginning of my trip and by the end, I couldn’t believe I did it and didn’t stress along the way.